



VICTOR  **R**®

High Rise™ Collection

Stand Up Desk Converters, Mobile Solutions, Laptop Stands,
Stepple Balance Board, and More.

www.victortech.com/HighRise

REASONS TO STAND



Add 2 Years To Your Life

Research indicates that sitting more than 3 hours a day cuts your life expectancy by 2 years. Sedentary behavior (referred to as Sitting Disease) is in the same category as smoking and obesity.

Peter Katzmarzyk - Louisiana State University's Pennington Biomedical Research Center

Burn 42 More Calories Per Hour

A UK study found the average calories burned while sitting was 2.6 calories per minute compared to 3.3 calories per minute while standing.

Dr. John Buckley - University of Chester

Reduce Your Risk of Dying of a Heart Attack

Multiple studies have shown that people who sit for most of the day are 54% more likely to die of a heart attack, no matter how much you exercise or how well you eat.

Peter Katzmarzyk - Louisiana State University's Pennington Biomedical Research Center

Reduce Your Back and Neck Pain

People who sit more are at greater risk for herniated lumbar disks, as well as strained cervical vertebrae in the neck leading to permanent imbalances.

Jay Dicharry - Director of the REP Biomechanics Lab in Bend, Oregon

Get 18% More Work Done

A study found that an employer who provided employees with good ergonomic furniture and training in how to use it realized about \$367 per day more income per employee (a 17.8% productivity gain) than did a control group.

Tom Albin - Office Ergonomics Research Committee, Inc

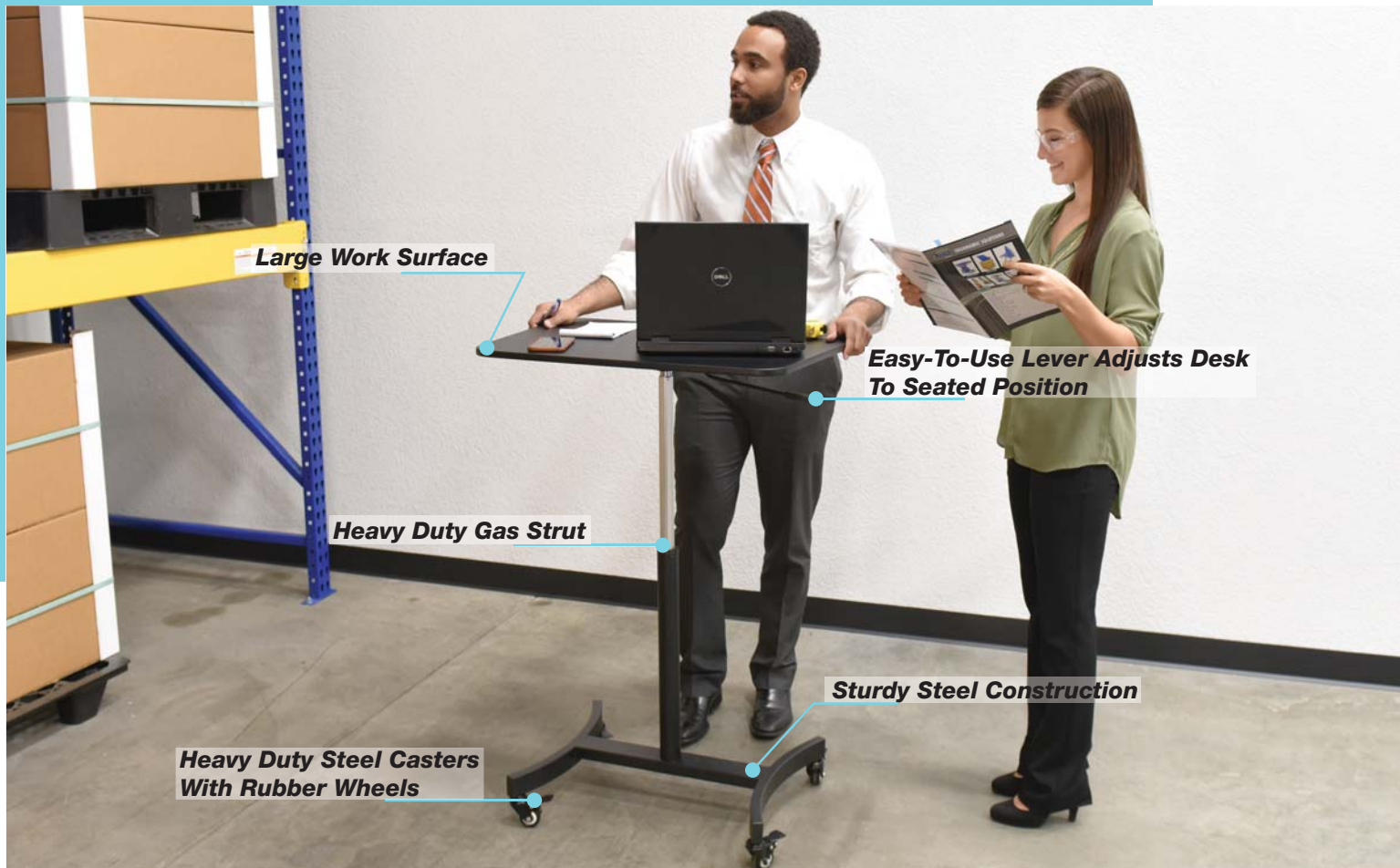
Sleep Better

Sitting for long periods of time slows blood circulation, which causes fluid to pool in the legs. This can ultimately cause restlessness and lead to loss of sleep.

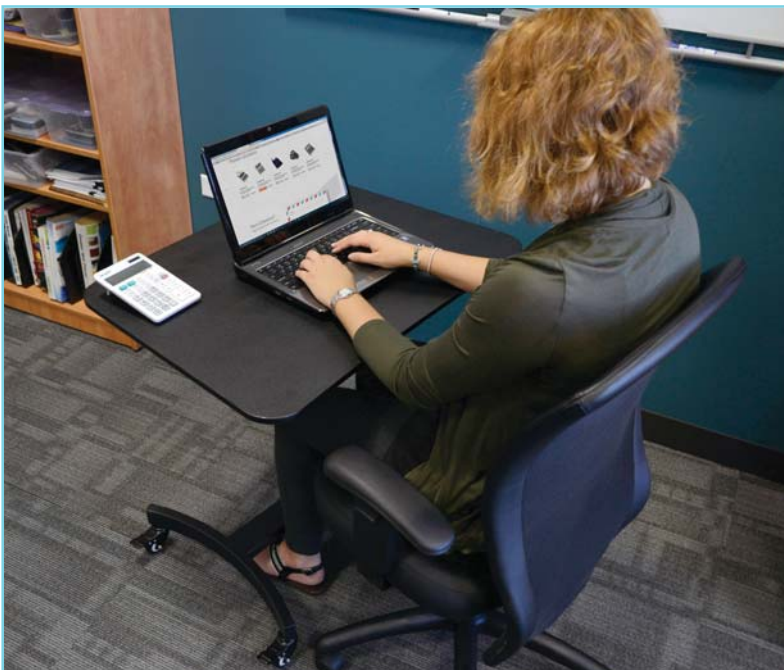
James Levine - Director of Obesity Solutions at Mayo Clinic

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DC500 Mobile Adjustable Standing Desk



The High Rise™ Mobile Adjustable Standing Desk gives you the ergonomic benefits of a sit to stand desk plus the mobility of a cart. Wherever you need to go, your desk can follow. Rising to 44" and lowering to 29", the standard sitting height, the DC500 Mobile Sit-Stand Desk is the perfect ergonomic solution to your adjustable desk needs. The large work surface can accommodate a computer, keyboard and desktop necessities such as notes, calculator, or phone. This multi-functional table can be used in multiple settings, including offices, classrooms, healthcare facilities, warehouses, homes and more. The mobility and variable height adjustment will certainly get the job done.



DC500 Mobile Adjustable Standing Desk

Sit-Stand Desk Converters

The sit-stand desk converter transforms any sit down desk into a sitting or standing desk and is a simple solution to a common workplace problem: too much sitting.



DC350 Dual Monitor Sit-Stand Desk Converter

- A. Supports 2 monitors up to 24" wide each
- B. Gas piston allows you to easily raise your desk up to 15.5" from the table
- C. A second gas piston allows you to adjust the height of your monitors separately from the desk
- D. 28" wide by 23" deep work surface
- E. Heavy steel base provides a sturdy foundation without taking up a lot of desk space

Easy-To-Use Knobs Allow You To Raise and Lower Desk and Monitors

Sit-Stand Desk Converters

DC300 Sit-Stand Desk Converter



DC300 Single Monitor Sit-Stand Desk Converter

For those that prefer using a single monitor, our DC300 Sit-Stand Desk Converter is built with the same technology as our DC350, but only supports one monitor. Enjoy all of the features and functionality of the DC350 while supporting any size monitor up to 11lbs.

Raise and lower the desk in 3 simple steps!



Twist knob to loosen



Move desk to desired height



Twist knob to tighten in place

Customize the monitor height in 3 simple steps!



Twist knob to loosen



Move monitors to desired height



Twist knob to tighten in place

Stand-Up Laptop Series

DC240B



DC240W



Height Adjustable Laptop Stands

- Enables stand up operation of laptop computers or tablets at a comfortable ergonomic height
- Storage cup for pens, pencils, smartphones, or beverages (DC240 only) *See **A**
- The piston allows for height adjustments from 12" to 15" above the desk or tabletop *See **B**
- Large work surface is made from durable wood with a scratch resistant PVC coating
- Sturdy stabilizing base prevents tipping



DC230W



DC230B



Stand-Up Desk Converters

DC200 Adjustable Stand-Up Desk Converter



- Transforms any sit down desk into a stand-up desk (does not lower to the sitting position)
- The gas piston and lever allow for adjustments from 12" to 16.75"H
- Work surface rotates to promote more movement, but can be locked if no movement is preferred
- Sturdy construction with steel base
- Custom height lever
- Tabletop dimensions: 28"W X 23"L



DC100 Stand-Up Desk Converter



- Transforms any sit down desk into a stand-up desk
- Large work surface
- Compatible with DC050 monitor stand
- Sturdy black wood construction
- Open shelf for papers
- Tabletop dimensions: 28"W X 23"L
- Height extenders allow for height adjustments from 12.5" to 14.5"H



DC050 Monitor Stand



- Raises monitor to ergonomic level
- Compatible with DC100 and DC200 desk converters
- Sturdy black wood construction
- Open shelf for papers
- Dimensions: 27"W X 11.5"L 6.5"H



A Must-Have for Standing Desks!

The Healthy Alternative to Anti-Fatigue Mats



- A **fun & healthy** way to stand
- Simple, **low-impact movement** that improves **joint mobility**
- Engages the **stabilizing muscles** of your back, core, hips, legs & ankles
- Improves **posture & balance** while increasing standing stamina
- Increases **focus, attention, & overall productivity** at work
- Easy to clean, **non-slip work surface**
- **Strong & sturdy** - holds up to 440lbs
- Perfect complement to your new **High Rise Stand-Up Desk Converter**



THE STEPPIE BALANCE BOARD

is the perfect complement to a standing desk. The stylish yet unobtrusive balance board features a patented design that helps improve overall body wellness while you work. Designed with comfort in mind, the board gently rocks side to side while strengthening and stabilizing muscles in the core, lower back, hips, legs and ankles. Other health benefits include improved posture, increased circulation, and improved joint mobility.

1-800-628-2420